


# January 2024 - High School East Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast &amp; Lunch is free to ALL Students.</b> Ala Carte items, Snack items and Daily Doubles are <u>NOT INCLUDED</u>		You can place money on student accounts at <a href="http://mySchoolBucks.com">mySchoolBucks.com</a> <u>OR</u> Checks may be made payable to Spencerport School Lunch Fund and handed in at the register to be put in a student's Nutrikids Meal Account.		<u>AVAILABLE DAILY IN CAFETERIA</u> Deli Sandwich Lunch PBJ (all serving lines) Fresh Fruit Assorted Juice Milk
1 	2 <u>Choice of One</u> Fiestada Pizza Taco Bar with toppings Yogurt Parfait w/ pretzel  <u>Side Options</u> Rice Steamed Corn Chilled Mixed Fruit	3 <u>Choice of One</u> Wild Mike's bites Meatball sub w/ mozzarella Fruit, yogurt & cheese pate w/ muffing  <u>Side Options</u> Tossed Salad w/ chickpeas Green Peas Cinnamon Applesauce	4 <u>Choice of One</u> Chicken Patty on WG Roll Corn Dog Yogurt Parfait w/ pretzel  <u>Side Options</u> Green Beans Tater Tots Chilled Peaches	5 <u>Choice of One</u> Cheese Ravioli w/ sauce Big Daddy's Pizza Assorted Deli featuring Egg Salad  <u>Side Options</u> Veggie Boat w/ dip Spinach Salad Chilled Assorted Fruit
8 <u>Choice of One</u> Chicken Fajita Wrap Ranger Burger Chicken Buffalo Salad w/ WG roll  <u>Side Options</u> Fajita veggies Rice Chilled Peaches	9 <u>Choice of One</u> Stuffed Crust Pizza Taco Bar with toppings Yogurt Parfait w/ pretzel  <u>Side Options</u> Oven baked French fries Green Pepper strips w/ dip Chilled Pears	10 <u>Choice of One</u> French Toast Sticks w/ sausage Pizza Fruit, yogurt, cheese plate w/muffin  <u>Side Options</u> Tossed Salad w/ chickpeas Hash Browns Cinnamon Applesauce	11 <u>Choice of One</u> Buffalo Mac and Cheese Ranger Burger Yogurt Parfait w/ pretzel  <u>Side Options</u> Fresh veggies w/ dip Steamed Corn Chilled Peaches	12 <u>Choice of One</u> French Bread Pizza Assorted Deli featuring Tuna Fish Pulled Pork Sandwich  <u>Side Options</u> Macaroni Salad Fresh veggies w/ dip Chilled Assorted Fruit

Monday	Tuesday	Wednesday	Thursday	Friday
15 	16 <u>Choice of One</u> Pizza Crunchers Taco Bar with toppings Yogurt Parfait w/ pretzel  <u>Side Options</u> Fiesta Black beans Rice Chilled Pears	17 <u>Choice of One</u> Pepperoni Pizza Cheese Tortellini w/ Meat Balls Assorted Deli Bar/WG Sub rolls  <u>Side Options</u> Fresh Veggie Boat Tossed Salad w/ chickpeas Applesauce	18 <u>Choice of One</u> Chicken Patty on WG Roll Ranger Burger Fruit, yogurt, cheese plate w/muffin Yogurt Parfait w/ pretzel  <u>Side Options</u> Green Beans Tater Tots Chilled Peaches	19 <u>Choice of One</u> Grilled Cheese Sandwich Pizza Shop Assorted Deli featuring Egg Salad  <u>Side Options</u> Tomato Soup Onion Rings Chilled Assorted Fruit
22 <u>Choice of One</u> Chicken Nuggets w/ dipping sauce and WG roll Pizza Shop Yogurt Parfait w/ bagel  <u>Side Options</u> Oven Baked Spiral Fries Fresh Broccoli w/ dip Apple Sauce	23 <u>Choice of One</u> Big Daddy Pizza Taco Bar with toppings Yogurt Parfait w/ pretzel  <u>Side Options</u> Spinach salad Steamed Corn Chilled Mixed Fruit	24 <u>Choice of One</u> Pasta w/ Meatballs Mozzarella Sticks w/ sauce Assorted Deli Bar w/ WG Sub rolls  <u>Side Options</u> Tossed salad w/ chickpeas Steamed Broccoli Chilled Pears	25 <u>Choice of One</u> Mac and Cheese Ranger Burger Fruit, yogurt, cheese plate w/muffin  <u>Side Options</u> Fresh veggies w/ dip Steamed Green Beans Chilled Peaches	26 <u>Choice of One</u> Stuffed Crust Pizza Assorted Deli featuring Tuna Fish Pulled Pork Sandwich  <u>Side Options</u> Tater tots Fresh veggies w/ dip Chilled Assorted Fruit
29 <u>Choice of One</u> Chicken Parm. Sandwich Hot Dog on a bun Fresh Salad Plate w/ roll  <u>Side Options</u> Spinach Salad w/ dressing Mixed Vegetable Mandarin Oranges	30 <u>Choice of One</u> French Bread Pizza Taco Bar with toppings Yogurt Parfait w/ pretzel  <u>Side Options</u> Caesar Salad w/ dressing Bean and Corn Salad Chilled Mixed Fruit	31 <u>Choice of One</u> Wild Mike's bites Chicken Alfredo Fruit, yogurt, cheese plate w/muffin  <u>Side Options</u> Tossed Salad w/ chickpeas Green Peas Cinnamon Applesauce		<div style="border: 1px solid black; padding: 10px;"> <p><u>AVAILABLE DAILY</u> <u>IN CAFETERIA</u>            Deli Sandwich Lunch            PBJ (all serving lines)            Fresh Fruit            Assorted Juice            Milk</p> </div>

**Breakfast & Lunch is free to  
ALL Students.**

Ala Carte items, Snack items and Daily Doubles  
are **NOT INCLUDED**

You can place money on student accounts at [mySchoolBucks.com](https://myschoolbucks.com)

OR

Checks may be made payable to Spencerport School Lunch Fund and handed in at the  
register to be put in a student's Nutrikids Meal Account.